

Getting Ready for Pre-school

There are lots of ways to help your child get ready for Pre-school. Here are some key skills you can practice together at home.

Ask a grown-up to help you practice:

- washing and drying your hands
- putting on your coat and shoes
- using a spoon to eat and an open cup to drink
- sitting at a table to eat
- opening food packages (such as crisps/sandwich bags)
- following simple instructions, such as to collect or put away an object
- taking turns when playing games together
- talking about what you see in the world around you



Other things you can do:

- Ask a grown-up to write your name into all your belongings, including your coat, water bottle and lunch bag.
- Talk about how you are feeling. Can you tell a grown-up when you feel happy or sad?
- Read stories together and sing songs and nursery rhymes. What is your favourite story? Can you sing your favourite nursery rhyme?

